

# Brain Buzz A MONTHLY NEWSLETTER UPDATE

## Helpful Resources

### **STROKE BOOK AND FILM LIST FOR PATIENTS AND FAMILIES**

The Ontario Regional Stroke Network's Community and Long-Term Care Group has put together a list of books and films that may be shared with persons living with the effects of stroke, families, caregivers and/or health professionals. Check it out here.



### **PROFESSIONAL NETWORK MEETINGS: FALL SCHEDULE**

SWOSN proudly facilitates the organization of 7 "Professional Stroke Networks". The networks are unique to our region and provide an opportunity for front line health care providers working across the continuum of care to come together for discipline specific collaboration and knowledge sharing. Check out our fall meeting schedule here.



## leam Updates

Acute: The month of October is focused on EMS stroke education! SWOSN will be hosting 7 one hour stroke refresher sessions for paramedics across Southwestern Ontario. The goal of these refreshers is to help bridge the gap in stroke care between the pre-hospital and emergency department settings.

Rehab: In addition to the Return To Work (RTW) resources provided by SWOSN, the Ontario Brain Injury Association (OBIA) is now offering a RTW eLearning program! Designed to provide employees and their employers with tailored education, training, and enhanced support services to improve the return to work process following brain injury+stroke. This is a FREE online service! For more information, click here and/or visit the following website: https://braininjuryandreturntowork.ca/.

Community and LTC: Planning has started for the next CLTC Advisory Committee meeting on November 21st. Planning is also underway for on-site visits to community programs in Windsor-Essex and Sarnia-Lambton, stay tuned for a schedule of these. If you know of a community program (in person, hybrid or virtual) that offers services to stroke survivors that has not yet been identified, please contact Stephanie.VanderPol@lhsc.on.ca



**Stroke Network** Southwestern Ontario

## October

## Upcoming Events 📠

October 29, 12:00-13:00 Virtual Stroke Care Refresher for Paramedics, SWOSN

November 7, 17:30-20:45 The Latest Advancements and Management in Subarachnoid Hemorrhage, CANN, Idlewyld Inn, London ON (<u>register here</u>)

November 20, 18:30-20:00

Updates on Secondary Stroke Prevention: Lipids, Diabetes and Hypertension, A Webinar for Physician's, SWOSN (details coming soon)

### Contact Information 💌

For more information contact SWOSN at

swosn@lhsc.on.ca